

**The Family
ALMANACK,**

FOR

The Year of our LORD 1750.

Being the 2d after Bissextile, or Leap-Year.
Containing every Thing that is Necessary and
Useful in a Common ALMANACK.

VIZ.

An exact and compleat Calendar, the true Rising and
Setting of the Sun, the Nightly Rising and Setting
of the Moon, the Increase, Decrease, and Length of
Days, the Regulation of Clocks and Watches, Times
of High-Water at London Bridge, and many other
Places, the Moon's Signs, the Month Days in New
Stile or Foreign Account of Time, with the Lun-
ations, Weather, Eclipses, and many other Parti-
culars.

Of General Use to All Men.

To which is added,

A Physick DIRECTORY,

Or, short, plain, and curious Instructions, for gathering
and drying of Herbs, so as to preserve their true
Astral and Balsamick Vertues, and their Use in the
Cure of most Distempers incident to Human Bodies.

By **NATHANAEL CULPEPPER**, Student
in Physick and the Cœlestial Science.

Imprimatur, H. H.

L O N D O N :

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S T A T I O N E R S .



A plain and easy TABLE, shewing the true Time of the Beginning, Continuance, and Years since the Reign of each KING and QUEEN of England, from the Conquest until this present Year 1750. The Year began January 1.

The Kings Names.	Began their Reign.	Reigned. Y. M. D.	Since their Reign.
William Conq.	1066 Octob. 14	20 10 26	663 Sept.
William Rufus.	1087 Septem. 9	12 10 24	650 August
Henry I.	1100 August 2	35 4 3	615 Decemb.
Stephen,	1135 Decemb. 2	18 10 25	596 October
Henry II.	1154 Octob. 25	34 8 11	561 July
Richard I.	1189 July 6	9 9 0	551 April
King John,	1199 April 6	17 7 12	534 October
Henry III.	1216 Octob. 19	56 1 0	478 Novem.
Edward I.	1272 Nov. 16	34 7 21	443 July
Edward II.	1307 July 7	19 6 20	423 January
Edward III.	1326 Jan. 27	50 4 25	373 June
Richard II.	1377 June 21	22 3 8	351 Septem.
Henry IV.	1399 Sept. 29	13 5 21	337 March
Henry V.	1413 March 20	9 5 11	328 August
Henry VI.	1422 August 31	38 6 4	289 March
Edward IV.	1461 March 4	22 11 5	267 April
Edward V.	1483 April 9	0 2 13	267 June
Richard III.	1483 June 22	2 2 0	265 August
Henry VII.	1485 August 22	23 8 0	241 April
Henry VIII.	1509 April 23	37 9 6	203 January
Edward VI.	1546 Jan. 28	6 5 8	197 July
Queen Mary,	1553 July 6	5 4 11	192 Novem.
Q. Elizabeth,	1558 Nov. 17	44 4 7	147 March
James I.	1603 March 24	22 0 9	125 March
Charles I.	1625 March 27	24 10 3	101 January
Charles II.	1649 Jan. 30	36 0 7	65 February
James II.	1685 Febr. 6	4 0 7	61 Febr.
W. III. and M.	1689 Febr. 13	13 0 23	48 March
Queen Anne,	1702 March 8	12 4 23	36 August
George I.	1714 August 11	12 10 11	23 June
K. GEORGE II.	1727 June 11	Whom God preserve.	

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English
Account

A TABLE of Terms and Returns. 1750.

Hilary Term begins Jan. 23. ends Feb. 12.

Returns or Essoign Days.		Exc.	Ret.	Ap.	W.D.
In eight Days of St. Hilary,	Jan. 20	21	22	23	Tuesd.
From the Day of St. Hilary in 15 days.	27	28	29	30	Tuesd.
On the morrow of the Purif. of bleff. V. Ma. Feb. 3		4	5	6	Tuesd.
In eight Days of the Purif. of bleff. V. Mary, 9		10	11	12	Mond.

Easter Term begins May 2. ends May 28.

From the day of Easter in 15 days,	April 29	30	1	2	Wedn.
From the day of Easter in 3 weeks,	May 6	7	8	9	Wedn.
From the day of Easter in 1 month,	13	14	15	16	Wedn.
From the day of Easter in 5 weeks,	20	21	22	23	Wedn.
On the morrow of the Ascension,	25	26	27	28	Mond.

Trinity Term begins June 15. ends July 4.

On the morrow of the Holy Trinity,	June 11	12	13	15	Friday.
In eight days of the Holy Trinity,	17	18	19	20	Wedn.
From the day of the H. Trin. in 15 days,	24	25	26	27	Wedn.
From the day of the H. Trin. in 3 weeks, July 1		2	3	4	Wedn.

Michaelmas Term begins Oct. 23. ends Nov. 28.

From the day of S. Mich. in 3 weeks, Oct. 20.	21	22	23	Tuesd.
From the day of St. Michael in 1 month, 27	28	29	30	Tuesd.
On the morrow of All-Souls, Nov. 3	4	5	6	Tuesd.
On the morrow of St. Martin, 12	13	14	15	Thursd.
In eight days of St. Martin, 18	19	20	21	Wedn.
From the day of St. Martin in 15 days, 25	26	27	28	Wedn.

N. B. No Sittings in Westminster-Hall on Ascension-day, Midsummer-day, the 1st and 2d of November, and the 2d of Febr.

The Exchequer opens eight Days before any Term begins, except Trinity, before which it opens but four Days.

Note, That the first and last Days of every Term are the Days of Appearance.

Common Notes for the Year 1750.

English	}	23	The Cycle of the Sun.	23	{	Foreign
Account.		3	Golden Number	3		Account.
		3	Epacls.	22		
		G	Dominical Letter	D		
		13	Roman Indiction.	13		
		25	Number Direction	8		

1750. January hath xxxi Days

First quarter 4th day, at 3 morn.
Full Moon 11th day, at 1 aftern
Last quarter 19th day, at 5 even
New Moon 26th day, at 9 night

					Days incr.	Days long.	Clock fast.
1	a	Circumcision.	8	0	4	0 10 A. 5	4 A. 58 feet
2	b	Cold driving	7	59	4	1 11 32	5 38 head
3	c	winds, with	7	57	4	3 morn.	6 29 face
4	d	frost, snow or	7	56	4	4 0	54 7 26 neck
5	e	fleet.	7	54	4	6 2	5 8 30 and
6	f	Epiphany	7	53	4	7 3	16 9 43 throat
7	G	13. aft. Epiph.	7	51	4	9 4	20 10 57 arms
8	a	Lucian	7	50	4	10 5	25 morn shoul.
9	b	Cold winds,	7	49	4	11 0	24 0 7 breast
10	c	with snow or	7	48	4	12 7	12 1 4 stom.
11	d	rain.	7	47	4	13	7 15 56 heart
12	e		7	46	4	14 5 A. 39	2 41 and
13	f	Hilary B.	7	44	4	16 6	47 3 12 back
14	G	2 S. aft. Epiph.	7	43	4	17 7	56 3 40 bowels
15	a	Dark, cloudy,	7	42	4	18 9	3 4 5 belly
16	b	and unsettled	7	41	4	19 10	15 4 34 reins
17	c	weather.	7	40	4	20 1	22 5 6 and
18	d	Prisca V.	7	39	4	21 morn	5 41 loins
19	e	Wind and rain	7	38	4	22 0	32 6 15 secret
20	f	Pr. Wales bor	7	36	4	24 1	35 7 15 bladd.
21	G	3 S. aft. Epiph.	7	35	4	25 2	39 8 15 Febr.
22	a	Rough winds.	7	34	4	26 3	43 9 27 thigh
23	b	Term begins	7	32	4	28 4	45 10 41 hips
24	c		7	30	4	30 5	40 11 57 knees
25	d	Conv. S. Paul	7	28	4	32 0	29 1 A. 1 hams
26	e	More calm	7	26	4	34	2 0 legs
27	f	and fair.	7	23	4	37 6 A. 8	2 51 ancles
28	G	4 S. aft. Epiph.	7	20	4	40 7	21 3 25 feet
29	a	Frost & snow	7	17	4	43 9	8 3 57 toes
30	b	K. Ch. I. Mart	7	15	4	45 10	24 4 35 head
31	c	Cold rain	7	12	4	48 11	39 5 15 face

1750. Febr

First quarter
Full Moon
Last quarter
New Moon

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1	d	Oven
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7	c	fleet
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9	e	and
10	f	Scho
11	G	Septu
12	a	Term
13	b	
14	c	Valo
15	d	Colo
16	e	and
17	f	Wea
18	G	Sexa
19	a	Fre
20	b	with
21	c	fleet
22	d	Ps H
23	e	Win
24	f	S. M
25	G	Shro
26	a	Rai
27	b	Shro
28	c	Ash

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150. Febr. hath xxviii Days.

First quarter 2d day, at 1 aftern.
Full Moon 10th day, at 7 morn.
Last quarter 18th day, at 10 morn
New Moon 25th day, at 7 morn.

Day	Days aner	Days long	Clock fast.
1	2	4	9 36 14 39
6	2	24	10 0 14 33
11	2	42	10 16 14 0
16	3	210	36 13 12
21	3	22	11 0 12 12
26	3	46	1 20 10 46

M.W.	Saints Days D. D. and Weather	Sun rises	Sun sets	Driles landsers	H. wa. L. Br.	D Signs	Ro. Ac.
1	d Overcast	7 11	4 49	morn.	6 A. 3	neck	12
2	e Purif. V. Mary	7 9	4 51	0 48	7 3	throat	13
3	f Mild Rain.	7 7	4 53	2 18	9 9	arms	14
4	G S. Ep. Blase	7 5	4 55	3 6	9 22	shoul.	D
5	a Cloudy, with	7 3	4 57	4 3	10 35	breast	16
6	b some snow or	7 1	4 59	5 0	11 39	and	17
7	c fleet.	6 59	5 1	5 40	morn.	stom.	18
8	d Rough wind,	6 58	5 2	6 14	0 35	heart	19
9	e and showers.	6 56	5 4	2 rise	1 23	back	20
10	f Scholastica.	6 54	5 6	5 A. 24	2 8	bowel	21
11	G Septuagesima.	6 52	5 8	6 52	2 46	and	D
12	a Term ends.	6 50	5 10	7 59	3 13	belly	23
13	b	6 48	5 12	9 2	3 40	reins	24
14	c Valentine.	6 46	5 14	0 12	4 5	loins	25
15	d Cold, stormy,	6 44	5 16	11 25	4 38	secret	26
16	e and winterly	6 42	5 18	morn.	5 13	and	27
17	f Weather.	6 40	5 20	0 34	5 56	bludd.	28
18	G Sexagesima.	6 38	5 22	1 34	6 49	Marc.	D
19	a Freezing wind	6 36	5 24	2 43	7 51	hips	2
20	b with snow or	6 34	5 26	3 55	9 2	knees	3
21	c fleet.	6 32	5 28	4 16	10 17	hams	4
22	d Ps Hesse born.	6 30	5 30	4 46	11 30	legs	5
23	e Wind and rain	6 28	5 32	5 5	0 A. 34	ankles	6
24	f S. Matthias	6 26	5 34	5 sets	1 32	feet	7
25	G Shrove Sund.	6 24	5 36	6 A. 32	2 25	toes	8
26	a Rain or snow.	6 22	5 38	8 0	3 7	head	9
27	b Shrove Tues.	6 20	5 40	9 27	3 43	face	10
28	c Ash Wedn.	6 18	5 42	10 5	4 19	neck	11

1750. March hath xxxi Days.				Days	Days	Days	Clock
				incr.	long.	fast.	
First quarter	4th day,	at 1 morn.		13	54	11 28	0 8
Full Moon	12th day,	at 1 morn		8 4	22	11 56	8 3
Last quarter	19th day	at midnight		15 4	50	12 24	5 38
New Moon	26th day,	at 4 aftern		22 5	18	12 52	3 43
				16 5	46	13 20	1 40

1 d	David & Chad	6 16	5 44	morn.	5 A.	4 throat	12
2 e	Stormy winds,	6 14	5 46	0	20 5	53 arms	13
3 f	and showers.	6 12	5 48	1	23 6	52 shoul.	14
4 G	2 S. in Lent.	6 10	5 50	2	30 7	57 breast	D
5 a	Variety of	6 8	5 52	3	15 9	3 and	16
6 b	weather.	6 6	5 54	3	43 10	10 stom.	17
7 c	Ember Week.	6 4	5 56	4	5 11	10 heart	18
8 d	Pfs Louisa bn.	6 2	5 58	4	21 12	0 back	19
9 e	Equal day & n	6 0	6 0	4	50 morn.	bowel	20
10 f	Frosty air.	5 58	6 2	5	8 0	49 and	21
11 G	2 S. in Lent.	5 56	6 4	5	1 1	33 belly	D
12 a	Gregory.	5 54	6 6	7	A 12	15 reins	23
13 b	Sharp frost.	5 52	6 8	8	16 2	52 loins	24
14 c	Pr. Edw. bor.	5 50	6 10	9	25 3	21 secret	25
15 d	Snow or cold	5 48	6 12	10	37 3	49 and	26
16 e	rain.	5 46	6 14	11	49 4	20 bladd	27
17 f	St. Patrick.	5 44	6 16	morn.	4	59 thighs	28
18 G	2 S. in Lent.	5 42	6 18	0	54 5	43 hips	D
19 a	Joseph.	5 40	6 20	1	33 6	37 knees	30
20 b	Rain, snow,	5 38	6 22	2	19 7	37 hams	31
21 c	Sleet, and	5 36	6 24	3	3 8	47 April	1
22 d	tempestuous	5 34	6 26	3	3+10	0 legs	2
23 e	Weather.	5 32	6 28	4	8 11	7 ancles	3
24 f		5 30	6 30	4	21 0 A.	14 feet	4
25 G	Midlent Sun.	Lady day	4	32	1	11 toes	D
26 a	Rough winds.	5 20	6 34	5	2	6 head	6
27 b	With variety	5 24	6 36	8	22 2	56 face	7
28 c	of stormy and	5 22	6 38	9	50 3	34 neck	8
29 d	unsettled	5 20	6 40	11	10 4	11 throat	9
30 e	weather.	5 19	6 41	morn.	4	58 arms	10
31 f	Cold rain.	5 17	6 43	0	30 5	45 shoul.	11

1750.

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21 f S
22 G I
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25 c S
26 d S
27 e Y
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1750. April hath xxx Days.

Day	Day incr.	Days long.	Clock fast.
First quarter 2d day, at 2 aftern.	16	013 15	0 50
Full Moon 10th day, at 6 aftern.	86	2413 56	flow.
Last quarter 18th day, at 10 morn.	156	4614 20	3 21
New Moon 25th day, at 1 morn.	227	1214 43	3 22
	297	36 5 8	3 57

1	G	Passion Sund.	5	15	6	45	1	M	4	0	A	41	breast	D
2	a	Some fine	5	13	6	47	1	45	7	39			stoma.	13
3	b	showers.	5	11	6	49	2	14	8	39			heart	14
4	c	Ambrose.	5	9	6	51	2	4	9	39			and	15
5	d	High wind,	5	7	6	53	2	57	10	34			back	16
6	e	and unsettled	5	5	6	55	3	12	11	27			bowel	17
7	f	weather.	5	3	6	57	3	21	morn.				belly	18
8	G	Palm-Sund.	5	2	6	58	3	55	0	17			reins	D
9	a	Brisk Winds	5	0	7	0	4	26	1	1			and	20
10	b	and frequent	4	59	7	1	3	rise	1	45			loins.	21
11	c	showers.	4	57	7	3	8	A.	31	2	30		seeret	22
12	d	Maund Thurs.	4	55	7	5	9	39	3	6			bledd.	23
13	e	Good Friday.	4	53	7	7	10	46	3	38			thighs	24
14	f	Serene air.	4	51	7	9	11	58	4	9			hips	25
15	G	Easter Day D.	Cumb. bn.	morn.	4	12							and	D
16	a	Monday	4	48	7	12	0	31	5	35			knees	27
17	b	Tuesday.	4	46	7	14	0	55	6	27			hams	28
18	c	Stormy.	4	45	7	15	1	21	7	22			legs	29
19	d	Alphage.	4	43	7	17	1	56	8	28			ankles	30
20	e	Seasonable	4	41	7	19	2	17	9	34			May.	1
21	f	showers.	4	39	7	21	2	38	10	28			feet	2
22	G	Low Sunday	4	37	7	23	3	4	11	47			head	D
23	a	St. George.	4	36	7	24	3	21	0	A.	48		face	4
24	b		4	34	7	26	3	set	1	47			neck	5
25	c	St. Mark.	4	32	7	28	8	A.	54	2	45		throat	6
26	d	Brisk gales of	4	30	7	30	10	11	3	26			arms	7
27	e	Wind, with	4	29	7	31	11	15	4	4			shoul.	8
28	f	rain or sleet.	4	27	7	33	11	58	4	47			breast	9
29	G	2 S. af. Easter	4	26	7	34	morn.	5	29				stoma.	D
30	a	Wind & rain	4	24	7	36	0	36	5	17			heart	11

1750. May hath xxxi Days.

	Days	Days incr.	Days long.	Clock flow.
First quarter 2d day, at 5 morn.	17	41	15 16	4 2
Full Moon 10th day, at 8 morn.	88	2	15 36	4 0
Last Quarter 17th day, at 5 aftern.	158	20	15 54	3 32
New Moon 24th day, at 9 morn.	228	34	10 8	2 38
First Quarter 31st day, at 10 night	298	42	16 16	1 26

1	b	St. Phil. & Jac.	4	32	7	38	OM.	50	7	A	6	heart	12
2	c	Term begins.	4	21	7	39	1	12	7		58	buck	13
3	d	Invent. Cross.	4	19	7	41	1	26	8		50	bowel	14
4	e	Serene, fine	4	17	7	43	1	38	9		47	belly	15
5	f	Weather.	4	16	7	44	1	50	10		39	reins	16
6	G	S. aft. Easter	4	14	7	46	2	5	11		32	and	D
7	a	Lofty winds,	4	13	7	47	2	21	Morn			loins	18
8	b	and sudden	4	12	7	48	2	45	0		24	secret	19
9	c	showers of	4	11	7	49	3	3	1		14	bladd	20
10	d	of rain or	4	9	7	51	rise	2			4	thighs	21
11	e	hail, with	4	8	7	52	9A.	42	2		51	and	22
12	f	thunder.	4	7	7	53	10	29	3		26	hips	23
13	G	S. aft. Easter	4	5	7	55	11	14	3		53	knees	D
14	a	Pleasant and	4	4	7	56	11	51	4		40	hams	25
15	b	agreeable	4	3	7	57	morn.	5			20	legs	26
16	c	state of air.	4	2	7	58	0	17	6		6	uncles	27
17	d	Cloudy and	4	1	8	59	0	31	7		0	feet	28
18	e	some rain.	3	59	8	1	1	0	7		57	roes	29
19	f	Dunstan.	3	58	8	2	1	17	9		0	head	30
20	G	Rogat. Sunday	3	57	8	3	1	33	10		8	face	D
21	a	Brisk wind	3	56	8	4	1	45	11		18	June	1
22	b	and showers.	3	55	8	5	2	13	0		1.25	throat	2
23	c		3	54	8	6	3	0	1		29	arms	3
24	d	Ascension-day	Pr	G.	born	7	fets	2			21	and	4
25	e	Hasty showers	3	53	8	7	9A.	45	3		14	shoul.	5
26	f	Austin	3	53	8	7	10	34	3		50	breast	6
27	G	6 S. aft. Easter	3	52	8	8	11	16	4		25	stom.	D
28	a	Term ends.	3	52	8	8	11	39	5		3	heart	8
29	b	Ch. II. Rest	3	51	8	9	11	57	5		41	back	9
30	c	PsAm. & Caba	3	51	8	9	morn	6			22	bowel	10
31	d	Hail or Rain	3	50	8	10	0	9	7		5	belly	11

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23	f	
24	G	
25	a	
26	b	
27	c	
28	d	
29	e	
30	f	

clock
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1750. June hath xxx Days.

	Days incr.	Days long	Clock flow.
Full Moon 8th day, at 9 night.	18 45	16 20	51
Last quarter 15th day, at 9 night.	8 51	16 24	fast.
New Moon 22d day, at 7 aftern.	22 0 10	16 16	3 30
First quarter 30th day, at 3 aftern.	29 0 20	16 8	4 40

1	e	Nicomede.	3 50 8 10	0 A 22	7 A. 52	belly	12
2	f	Serene air	3 50 8 10	0	36 8	46 reins	13
3	G	Whit-Sunday	3 50 8 10	0	51 9	42 loins	D
4	a	Monday	3 49 8 11	1	10 10	40 secret	15
5	b	Tuesday	3 49 8 11	1	25 11	43 and	16
6	c	Ember Week.	3 48 8 12	1	46	morn. bladd.	17
7	d	Windy, and	3 48 8 12	2	20 0	40 thighs	18
8	e	some hasty	3 48 8 12	2	rise 1	35 hips	19
9	f	showers.	3 47 8 13	9 A. 7	2	31 knces	20
10	G	Trin. Sunday. longest Day	9 48 3	11	hams	D	
11	a	S. Barnabas. K.G. II. Inau.	10 15 3	55	legs	22	
12	b	Fine warm	3 47 8 13	10 32	4	21 legs	23
13	c	Weather.	3 48 8 12	10 46	5	c ancles	24
14	d	Corpus Christi	3 48 8 12	11 45	40	feet	25
15	e	Term beg. K. Gec. II. pro.	11 21 6	30	and	26	
16	f	Wind and rain	3 46 8 11	11 40	7	20 toes	27
17	G	1 S. af. Tris	St. Alban	11 59	8	27 head	D
18	a		3 50 8 10	morn. 9	37	face	29
19	b	Cloudy and	3 51 8 10	0 38	10 51	neck	30
20	c	some mild	3 51 8 9	1 20	11 59	July	1
21	d	showers of	3 52 8 9	2 8	1 A. 7	arms	2
22	e	rain.	3 52 8 8	3 sets 2	9	breast	3
23	f	Rain or hail.	3 53 8 7	8 A. 51	2	55 stom.	4
24	G	2 S. af. Trin	St. John B	9 10	3	27 heart	D
25	a	Brisk wind.	3 54 8 6	9 28	3	59 heart	6
26	b	Calm serene	3 54 8 6	9 43	4	30 back	7
27	c	air, inclined	3 55 8 5	10 45	1	bowel	8
28	d	to heat.	3 56 8 4	10 19	5	35 belly	9
29	e	St. Pet & Paul	3 56 8 4	10 37	6	14 reins	10
30	f	Wind and rain	3 57 8 3	10 56	6	58 loins	11

1750. July hath XXXI Days.

Full Moon 8th day, at 7 morn.
 Last quarter 15th day, at 2 morn.
 New Moon 22d day, at 6 morn.
 First quarter 30th day, at 3 morn.

Day	Days decr.	Days long	Clock fast.
1	0 22	16 44	56
8	0 38	15 48	40
15	0 55	15 32	55
22	1 15	15 12	42
29	1 37	14 48	1

1	G	5 S. af Trin.	13 58 8 2	11 A. 57 A. 48	secret	D
2	a	Visit. Virg M.	3 59 8 1	11 22 8 47	bladd.	13
3	b	Dies Comitior	4 08 0	11 47 9 54	thighs	14
4	c	Trin begins	4 17 59	morn. 11 0	hips	15
5	d	Fine serene	4 27 58	0 10 morn	knees	16
6	e	weather.	4 37 57	1 20 0 10	and	17
7	f	Tho. a Becket.	4 47 56	2 46 1 9	hams	18
8	G	5 S. af Trin.	4 67 54	7 2 4	legs	D
9	a	Drizzling rain,	4 77 53	8 A. 31 2 53	ankles	20
10	b	and some mo-	4 87 52	8 50 3 28	feet	21
11	c	derate cooling	4 97 51	9 64 0	toes	22
12	d	showers	4 107 50	9 24 4 37	head	23
13	e	Misty morn.	4 117 49	9 38 5 16	face	24
14	f	Hot and dry.	4 137 47	10 26 1	neck	25
15	G	5 S. af Trin.	Switthin	10 26 7 2	and	D
16	a	Bright sun-	4 157 45	11 5 8 3	throat	27
17	b	fine weather,	4 177 43	11 48 9 16	arms	28
18	c	incl. to heat.	4 187 42	morn. 10 34	shoul.	29
19	d	Dog days beg.	4 197 41	1 42 11 47	breast	30
20	e	Margaret	4 207 40	3 10 0 A. 48	stoma.	31
21	f	Wind & rain	4 227 38	4 25 1 42	Aug.	1
22	G	6 S. af Trin.	Mary Mag.	7 2 24	heart	D
23	a	Overcast for	4 267 34	7 A. 57 6	back	3
24	b	hail or rain.	4 287 32	8 17 34	bowel	4
25	c	St. James, Ap	4 297 31	36 4 0	belly	5
26	d	St. Anne.	4 317 29	0 4 29	reins	6
27	e	Warm and	4 337 27	9 18 5 1	and	7
28	f	seasonable.	4 347 26	9 35 5 35	loins	8
29	G	7 S. af Trin.	4 367 24	10 06 20	secret	D
30	a	Some showers.	4 377 23	10 28 7 11	bladd.	10
31	b	Fs. Agatha b.	4 397 21	11 08 10	thighs	11

1750.

Full M
 Last q
 New M
 First q

1	c	
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3	e	
4	f	
5	G	
6	a	
7	b	
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9	d	
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12	G	
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14	b	
15	c	
16	d	
17	e	
18	f	
19	G	
20	a	
21	b	
22	c	
23	d	
24	e	
25	f	
26	G	
27	a	
28	b	
29	c	
30	d	
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1750. August hath xxxi Days.

Full Moon 6th day, at 4 aftern.
Last quarter 13th day, at 8 morn.
New Moon 20th day, at 8 at night
First quarter 28th day, at midnight

Days	Days	Clock
decr.	long	fast.
11 48	14 38	4 34
8 2 12	14 12	3 13
15 2 38	13 48	1 29
22 3 6	13 20	flow.
29 3 3	12 54	2 53

1 c	Lammas day.	4 4	7 19	11 32	9 A. 19	thighs	12
2 d	Fair, and good	4 43	7 17	morn.	10 30	hips	13
3 e	harvest	4 45	7 15	0 28	11 43	knees	14
4 f	weather.	4 47	7 13	1 37	morn.	hams	15
5 G	8 S. af. Trin.	4 49	7 11	2 49	0 45	legs	D
6 a	Transfigur.	4 50	7 10	prife	1 41	ankles	17
7 b	Cloudy, wet,	4 52	7 8	7 A. 8	2 34	feet	18
8 c	and unsettled	4 54	7 6	7 40	3 13	toes	19
9 d	weather.	4 55	7 5	8 33	4 45	head	20
10 e	Laurence.	4 57	7 3	8 27	4 20	face	21
11 f	Stormy winds	4 58	7 2	8 41	5 3	neck	22
12 G	9 S. af. Trin.	5 0	7 0	9 17	5 50	throat	D
13 a	Some hot days	5 2	6 58	9 55	6 48	arms	24
14 b	and Sunshine.	5 4	6 56	10 36	7 55	thou.	25
15 c	Assumption.	5 6	6 54	11 29	9 9	breast	26
16 d	Fair, serene,	5 8	6 52	morn.	10 23	and	27
17 e	and pleasant	5 10	6 50	0 51	11 30	stoma	28
18 f	weather.	5 12	6 48	2 10	0 A. 27	heart	29
19 G	10 S. af. Trin.	5 14	6 46	3 25	1 18	and	D
20 a	Rough winds	5 16	6 44	3 sets	2 3	back	31
21 b	Athanasius.	5 18	6 42	6 A. 30	2 42	sept.	1
22 c	High wind,	5 20	6 40	6 46	3 12	loins	2
23 d	and sudden	5 22	6 38	7 53	39	secret	3
24 e	St. Barthol.	5 24	6 36	7 27	4 5	bladd.	4
25 f	showers.	5 25	6 35	7 50	4 39	thighs	5
26 G	11 S. af. Trin.	5 27	6 33	8 13	5 14	hips	D
27 a	Dogdays end.	5 29	6 31	8 44	5 56	knees	7
28 b	Flying clouds	5 31	6 29	9 20	6 49	and	8
29 c	Decol. J. Bapt.	5 33	6 27	10 19	7 49	hams	9
30 d	Fair and	5 35	6 25	11 20	8 56	legs	10
31 e	seasonable	5 37	6 23	12 30	10 9	ankles	11

1750. Septemb. hath xxx Days.

Full Moon 5th day at 1 morn.
 Last quarter 11th day, at 4 aftern.
 New Moon 19th day, at noon.
 First quarter 27th day, at 3 aftern

Day	Days decr.	Days long.	Clock flow.
1	3 44	12 42	3 54
8	4 12	12 76	21
15	4 38	11 48	8 44
22	5 6	11 20	11 1
29	5 34	10 52	12 58

1 f	Giles	5 39	6 21	5 M. 30	11 19	legs	12
2 G	12 S. af. Trin.	5 43	6 17	3 20	0 22	and	14
3 a	Misty & foggy	5 45	6 15	Drise	1 20	feet	15
4 b	mornings, the	5 47	6 13	5 A. 56	2 14	toes	16
5 c	days cloudy &	5 49	6 11	20 2	59	head	17
6 d	obscure, with	5 51	6 9	5 45	3 35	face	18
7 e	show. of rain.	5 53	6 7	7 34	4 12	neck	19
8 f	Nat. V. Mary	5 55	6 5	8 23	4 58	throat	21
9 G	13 S. af. Trin.	5 57	6 3	9 45	46	arms	22
10 a	Wind, rain,	5 59	6 19	42 6	47	shoul.	23
11 b	and variable.	6 0	6 0	10 17	7 50	breast	24
12 c	Equal day & n.	6 2	5 58	11 40	9 0	stom.	25
13 d	Temperate air	6 4	5 56	morn	10 7	heart	26
14 e	Holy Rood.	6 6	5 54	1 19	11 6	back	28
15 f		6 8	5 52	2 36	0 A. 3	bowel	29
16 G	14 S. af. Trin.	6 10	5 50	3 45	0 51	belly	30
17 a	Fair, warm,	6 12	5 48	4 52	1 33	reins	1
18 b	and pleasant.	6 14	5 46	5 fets	2 16	loins	2
19 c	Ember Week	6 16	5 44	6 A. 12	51	Ostob	3
20 d	Wind and rain	6 18	5 42	6 23	3 23	secret	4
21 e	St. Matthew.	6 20	5 40	6 42	3 50	and	5
22 f	Very stormy.	6 22	5 38	7 11	4 22	bladd.	6
23 G	15 S. aft. Trin.	6 24	5 36	7 45	5 1	thighs	7
24 a	Cloudy ob-	6 26	5 34	8 31	5 43	hips	8
25 b	scure weather,	6 28	5 32	9 27	6 35	knees	9
26 c	with frequent	6 30	5 30	10 30	7 32	and	10
27 d	showers and	6 32	5 28	11 45	8 36	hams	11
28 e	stormy winds	6 34	5 26	morn.	9 48	legs	12
29 f	St. Michael.	6 36	5 24	0 54	10 53	ankles	
30 G	16 S. af. Trin.						

1750

Full M
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1 a
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 14 G
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 16 b
 17 c
 18 d
 19 e
 20 f
 21 G
 22 a
 23 b
 24 c
 25 d
 26 e
 27 f
 28 G
 29 a
 30 b
 31 e

1750. October hath xxxi Days

	Day	Days decr.	Day long.	Clock flow.
Full Moon	4th day, at 10 morn.	15 42	10 44	13 27
Last quarter	11th day, at 5 morn.	8 6 10	10 8	14 53
New Moon	19th day, at 6 morn.	15 6 36	9 50	15 51
First quarter	27th day, at 4 morn.	22 7 2	9 24	16 13
		29 7 27	9 0	15 54

1	a	Remigius	6 38 5 22	2 M. 5	11 58	feet	12
2	b	Calm and fair	6 40 5 20	3 34	morn	toes	13
3	c	at the beginn.	6 42 5 18	5 30	58	head	14
4	d	Storms of wind	6 44 5 16	1 1	54	face	15
5	e	and rain.	6 46 5 14	5 A 27	2 48	neck	16
6	f	St. Faith, V.	6 48 5 12	6 14	3 29	throat	17
7	G	17 S. aft. Trin.	6 50 5 10	6 54	4 6	arms	D
8	a	Rain or fleet.	6 52 5 8	7 52	4 53	thoul.	19
9	b	St. Dennis.	6 54 5 6	9 05	41	breast	20
10	c	Frosty air	6 56 5 4	10 15	6 37	stomac.	21
11	d	K. Geo. II cr.	6 58 5 2	11 27	7 34	heart	22
12	e	Brisk winds,	6 59 5 1	morn. 8	35	back	23
13	f	Rain or fleet	7 1 4 59	0 43	9 35	bowels	24
14	G	18 S. aft. Trin.	7 3 4 57	1 51	10 32	and	D
15	a	Bright, calm,	7 5 4 55	3 0	11 26	belly	26
16	b	& settled fair	7 7 4 53	4 8	0 A. 15	reins	27
17	c	for some time.	7 8 4 52	5 16	1 1	and	28
18	d	St. Luke Evan.	7 10 4 50	3 5	1 45	loins	29
19	e	Stormy and	7 12 4 48	5 A. 02	30	secrets	30
20	f	much rain.	7 14 4 46	5 24	3 6	bladd.	31
21	G	19 S. aft. Trin	Ursula.	6 03	37	Nov.	D
22	a	Ps. Orange b.	7 18 4 42	6 37	4 8	thighs	2
23	b	Term begins.	7 20 4 40	7 25	4 47	hips	3
24	c	Cold rain.	7 21 4 39	8 24	5 21	knees	4
25	d	Crispin.	7 23 4 37	9 30	6 16	hams	5
26	e	Wind and rain	7 25 4 35	10 51	7 10	legs	6
27	f	Pratt. Fred. b.	7 27 4 33	morn. 8	8	ankles	7
28	G	20 S. aft. Trin	St. Sim. & I.	0 15	9 13	feet	D
29	a	Drifling rain.	7 31 4 29	1 30	10 18	toes	9
30	b	K. Geo. II bo.	7 32 4 28	2 58	11 26	head	10
31	c	Sharp frost.	7 34 4 26	4 20	12 31	face	11

1750. Novem. hath xxx Days.

1750. Novem. hath xxx Days.

Full Moon 2d day, at 7 at night.

Left quarter 9th day, at 8 at night

New Moon 18th day, at 1 morn.

First quarter 25th day, at 2 aftern.

1	d	All Saints.	7	36	4	24	6	5	0M31	neck	12	
2	e	All Souls.	7	37	4	23	7	1	32	throat	13	
3	f	Wind & rain.	7	39	4	21	4A.41	2	33	arms	14	
4	G	21 S. af. Trin.	7	40	4	20	5	42	3	18	and	D
5	a	Powder Plot.	7	42	4	18	6	43	3	50	should	16
6	b	Heavy dull air	7	43	4	17	7	56	4	40	breast	17
7	c	clouds preg-	7	45	4	15	9	18	5	22	stom.	18
8	d	nant with rain	7	47	4	13	10	30	6	9	heart	19
9	e	or much snow	7	48	4	12	11	42	6	58	back	20
10	f	Blustering wind	7	49	4	11	morn.	7	48	bowel	21	
11	G	22 S. aft. Trin.	Martinmas	0	50	8	42	and	D			
12	a	More calm and	7	52	4	8	2	09	36	belly	23	
13	b	settled fair.	7	53	4	7	3	710	30	reins	24	
14	c	Pr. Wm. Hen. b.	7	54	4	6	4	12	11	25	and	25
15	d		7	56	4	4	5	17	0A.18	loins	26	
16	e	Driving winds	7	57	4	3	6	21	1	7	secret	27
17	f	Snow or rain	7	59	4	1	3	fete	1	56	blad.	28
18	G	23 S. aft. Trin.	8	04	0	4A.26	2	44	thig	19	D	
19	a	Prfs Wales bo.	8	13	59	5	18	3	19	hips	30	
20	b	Cold storms of	8	13	59	6	16	3	51	Decb.	1	
21	c	Ruin or snow.	8	23	58	7	20	4	26	hams	2	
22	d	Cæcilia.	8	33	57	8	35	5	5	legs	3	
23	e	Crement.	8	45	56	9	33	5	45	ankles	4	
24	f	Mild and fair.	8	53	55	11.25	6	33	feet	5		
25	G	24 S. af. Trin.	Catherine	morn.	7	25	and	D				
26	a	Turbulent	8	73	53	0	34	8	27	toes	7	
27	b	winds.	8	83	52	1	53	9	34	head	8	
28	c	Term ends.	8	93	51	3	17	10	44	face	9	
29	d	sharp frosty air	8	93	51	4	42	11	58	neck	10	
30	e	St. Andrew	8	103	50	6	0	1M3	throat	11		

1750.

Full M

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New M

First qu

Full M

1	f	G	A
2	a	B	F
3	b	C	E
4	c	D	B
5	d	E	C
6	e	F	D
7	f	G	E
8	G	A	F
9	a	B	G
10	b	C	A
11	c	D	B
12	d	E	C
13	e	F	D
14	f	G	E
15	G	A	F
16	a	B	G
17	b	C	A
18	c	D	B
19	d	E	C
20	e	F	D
21	f	G	E
22	G	A	F
23	a	B	G
24	b	C	A
25	c	D	B
26	d	E	C
27	e	F	D
28	f	G	E
29	G	A	F
30	a	B	G
31	b	C	A

1750. Decem. hath xxxi Days.

Full Moon 2d day, at 6 morn.
 1st quarter 9th day, at 3 aftern.
 New Moon 17th day, at 6 even.
 First quarter 24th day, 11 at night.
 Full Moon 31st day, 7 at night.

Days dear.	Days long	Clock flow.
18 48	7 38	5 48
8 8 51	7 34	2 2
15 D.in.	7 36	fast.
22 0 8	7 42	4 34
29 0 18	7 52	7 41

1	f	Cold & stormy	8	11	3	49	3	11	M.	3	arms	12	
2	G	Advent Sund.	8	11	3	49	4	A.	23	2	7	should.	D
3	a	Foggy.	8	12	3	48	5	30	2	59	breast	14	
4	b	Barbara.	8	12	3	48	6	40	3	38	stomac.	15	
5	c	Calm and fair.	8	12	3	48	7	48	4	10	heart	16	
6	d	Nicholas.	8	12	3	48	8	56	4	49	back	17	
7	e	Q. Denm. bo.	8	12	3	48	9	58	5	25	bowels	18	
8	f	Conc. V. M.	8	13	3	47	11	66	5	5	and	19	
9	G	2 S. in Advent	8	13	3	47	morn.	6	49	belly	D		
10	a	Shortest day	8	13	3	47	0	10	7	34	reins	21	
11	b	Cold, raw, un-	8	13	3	47	1	22	8	28	loins	22	
12	c	settled weath.	8	13	3	47	2	31	9	22	secrets	23	
13	d	Lucia Virg.	8	12	3	48	3	36	10	22	and	24	
14	e	Frosty, some	8	12	3	48	4	42	11	24	bladd.	25	
15	f	flights of snow	8	12	3	48	5	47	0	A.	12	thighs	26
16	G	3 S. in Advent	8	12	3	48	6	49	1	17	hips	D	
17	a	Stormy winds	8	12	3	48	3	fe	2	10	knees	28	
18	b	Wet and dirty	8	11	3	49	4	A.	47	2	55	hams	29
19	c	Ember Week.	8	11	3	49	6	0	3	28	legs	30	
20	d	Frost & snow	8	10	3	50	7	28	4	0	ankles	31	
21	e	St. Thomas.	8	10	3	50	8	43	4	35	Teats	1	
22	f	Sharp frost.	8	9	3	51	10	2	5	12	17	5	2
23	G	4 S. in Advent	8	8	3	52	11	27	5	54	feet	C	
24	a	Fair and calm	8	8	3	52	morn.	6	45	head	4		
25	b	Christ born.	8	7	3	53	0	48	7	44	face	5	
26	c	St. Stephen.	8	7	3	53	2	3	8	52	neck	6	
27	d	St. John Evan.	8	6	3	54	3	29	10	9	throat	7	
28	e	H. Innocents.	8	5	3	55	4	40	11	25	arms	8	
29	f	Wind and rain	8	4	3	56	5	51	morn.	shoul.	9		
30	G	1 S. aft. Christ.	P.	4	3	57	7	20	35	and	C		
31	a	Sylveſter	8	2	3	58	3	1	37	breast	11		

CULPEPPER, 1750.

Of the ECLIPSES, for this present Year.

THERE will be five Eclipses within the Limits of this Year ; three of the Sun, and two of the Moon, according to the following Times and Circumstances.

On the 8th Day of *June*, at Sun setting, the Moon will rise totally eclipsed, and continue so till 41 Minutes past 9, when she will begin to recover Light on her western Limb; the End of this Eclipse will be at 49 Minutes past 10 at Night.

The Second Eclipse is of the Sun, the 22d Day of *June*, at 7 in the Evening, but invisible.

The Third is another invisible Eclipse of the Sun, on the 18th Day of *November*, at 1 in the Morning.

The Fourth is a total Eclipse of the Moon, on *Sunday* the 2d Day of *December*; beginning at 37 Minutes past 4 in the Morning, and ending 15 Minutes after 8, very near the Time of Sun-rise. The Moon will be totally obscured from 35 Minutes past 5, till 15 Minutes past 7.

The last is an invisible Eclipse of the Sun, on the 17th Day of *December*, at 7 at Night.

Jupiter is an Evening Star till the 21st Day of *March*, when he becomes Oriental and a Morning Star; and continues so till the 13th Day of *October*, when he again becomes Occidental and an Evening Star.

Venus is an Evening Star till the 18th Day of *March*, when she becomes Oriental and a Morning Star, and continues so to the End of the Year.

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To the READER.

I Have observed that most of the Almanacks now wrote contain many Things not necessary or useful in the common Occasions of Life. Some amuse their Readers with merry Stories, Riddles, or abstruse Questions; such will find their Admirers limited to a small Number, for most People buy an Almanack in order to be informed of such Matters and Things which have an immediate Tendency to that Year, for which the Almanack was wrote; others fill their Almanacks with Astrological Cant Jargon, and stale insignificant Verse of no real Use or Satisfaction to the intelligent and rational Part of Mankind, but are mere Amusements to catch the Vulgar, and impose upon their Time and Understanding; many of them insert in their Calendars the Places, Motions, and Aspects of the Planets; but this too is of as little Use and Benefit to the Bulk of Mankind, as any of the other mentioned Amusements, for I am well satisfied that not one Man in a Thousand understands an Ephemeris, and not one in Ten thousand that has occasion to make use of one. I have avoided all such trifling, insignificant, and ostentatious Articles, and inserted such Matter only as will be of real Use and Advantage to all Sorts of Men, Learned or Vulgar. I scarce need enter into a Detail or Explanation of the several Pages or Columns herein contained, because every Thing is made so plain and easy, that any indifferent Person (whose Occasions require them to make use of an Almanack) will readily enough understand it at first View; and he will here find all that he wants in the Science of Time, to conduct him with Safety and Satisfaction throughout the whole Year's Revolution.

The latter Part of this Almanack contains a safe Directory towards the attaining and preserving of Health, a Subject every one must own to be of the first Concern to human Life, and what all Persons, especially the Heads and Directors of Families, ought to be acquainted with; for what is Life, or what are all the Concerns of

B

Life,

Life, without Health? You have there a valuable Catalogue of some of the most useful Herbs and Plants of *English* Growth, with the Planets they are under, and the proper Time and Seasons of gathering them, as also the only true Method of drying and preserving them, so as to retain their true Altral Qualities and Balsamic Virtues, whereby they are rendered of wonderful more Efficacy in the curing of Distempers, than those Herbs that are gathered without Rule, and dried without Judgment. Many learned and great Men have recommended the Use of Vegetables, as the most certain, the most safe, the most natural and easiest Method for curing almost all Distempers incident to Mankind. Who can justly conceive, and sufficiently admire the Varieties of the Smells and Tastes of Plants, their Force and Power to exhilarate and revive the Spirits, warm and move the Blood, or cool the Flames of a burning Fever: The Colours and the discriminating Forms of Plants may please and entertain the Eye; but the Physician, who enters into them, and passes through their several Contextures, discovers those gummy or watry Compositions, of the more subtile and spirituous Mixtures, which are ready to break forth and exert their Power to preserve and continue Life. Nature has, in every Plant, contrived a wondrous Composition out of her Element and Principles, distinguishable even by our common Senses, and commanded it to be given by itself, or infused, or boiled in Water or Wine. The fraudulent Physician analyses and destroys their radical Virtues, by turning them into a vapid insipid Water, or a stinking and burning Oyl; but the true way of producing their generous and healing Qualities you will find in the latter Part of this Almanack: for which, if observed with due Care, you will have Occasion to thank

Your Friend and Servant,

N. C.

Anno A
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1605 C

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CULPEPPER.

3

Anno Dom.	A brief Chronology of memorable Things, 1750.	Years since
1605	G UN-Powder Treason, Nov. 5	145
1613	The New River Water brought to Lond.	137
1625	35,417 Persons died of the Plague in London	125
1641	The cruel Irish Massacre began, October 23	109
1649	K. Charles I. barbarously murdered, Jan. 30	101
1658	Oliver Cromwell died September 3	92
1660	K. Charles II. restored, May 29	90
1662	A great Storm in London, February 18	88
1665	68,586 Persons died of the Plague in London	85
1666	{ 13,200 Houses burnt in London, Sept. 2, 3, 4 } The Eng. Fleet beat the Dutch Fleet, July 25	{ 84 }
1669	The Royal Exchange rebuilt and open'd, Sept. 28	81
1680	A great and splendid Comet appeared in Dec.	70
1682	Another Comet appeared in September	68
1684	The great Frost held 13 Weeks, began Dec. 1683	66
1685	{ K. Charles II. died Feb. 6, and K. James II. procl. } The D. of Monmouth beheaded, July 15	{ 65 }
1688	Seven Bishops sent to the Tower, June 8	62
1689	K. William and Q. Mary crowned, April 11	61
1692	The French Fleet entirely defeated, May 19	58
1696	A Plot for assassinating K. William discovered	54
1702	K. Will. died, March 8, and Q. Anne proclaimed	48
1703	A great and terrible Wind, Nov. 26 and 27	47
1704	Gibraltar taken by the English, July 24	46
1707	England and Scotland united, May 1	43
1710	Tumults and great Disturbances in England	40
1714	Q. Ann died, and K. Geo. I. proclaimed, Aug. 1	36
1715	{ A Rebellion in the North of Eng. suppress'd } A great Frost, and very severe Winter	{ 35 }
1716	The North Lights became first remarkable Mar. 6	34
1719	A surprising Meteor, Mar. 19, at 8 at Night	31
1720	The memorable South Sea Year	30
1727	K. Geo. I. died and King Geo. II. procl. June 11	23
1736	The Pr. and Prs. of Wales married, Ap. 27	14
1737	{ The hopeful Princess Augusta born July 31 } The excellent Q. Caroline died, Nov. 20	{ 13 }
1738	The hopeful Prince George born, May 24	12
1739	The hopeful Prince Edward born, March 14	11
1740	The hopeful Princess Elizabeth born, Dec. 30	10

CULPEPPER.

A Table of the Rising, Southing, and Setting of the Pleiades, or Seven Stars, for every Fifth Day in the Year, of excellent Use to find the Hour of the Night.

Mon.	Day	Rise.	South	Sets.	Mon.	Day	Rise.	South	Sets.
		H. M.	H. M.	H. M.			H. M.	H. M.	H. M.
Jan.	1	11M39	7A.56	4M13	July	1	11A.49	8M6	4A.23
	6	11 17	7 34	3 51		6	11 29	7 46	4 3
	11	10 56	7 13	3 30		11	11 9	7 26	3 43
	16	10 35	6 52	3 9		16	10 49	7 6	3 23
	21	10 15	6 32	2 49		21	10 30	6 47	3 4
	26	9 55	6 12	2 29		26	10 10	6 27	2 44
Feb.	1	9 31	5 48	2 5	Aug.	1	9 48	6 5	2 22
	6	9 12	5 29	1 46		6	9 29	5 46	2 3
	11	8 52	5 9	1 26		11	9 10	5 27	1 44
	16	8 34	4 51	1 8		16	8 52	5 9	1 26
	21	8 15	4 32	12A.49		21	8 30	4 51	1 8
	26	7 56	4 13	12 30		26	8 16	4 33	0 50
Mar.	1	7 45	4 2	12 19	Sept.	1	7 54	4 11	0 28
	6	7 20	3 44	12 1		6	7 36	3 53	0 10
	11	7 7	3 24	11 41		11	7 18	3 35	11M52
	16	6 49	3 6	11 23		16	6 58	3 16	11 33
	21	6 31	2 48	11 5		21	6 40	2 57	11 14
	26	6 12	2 30	10 47		26	6 22	2 39	10 56
Apr.	1	5 51	2 8	10 32	Oct.	1	6 4	2 21	10 38
	6	5 33	1 50	10 12		6	5 45	2 2	10 19
	11	5 14	1 31	9 52		11	5 26	1 43	10 00
	16	4 55	1 12	9 32		16	5 7	1 24	9 41
	21	4 37	0 54	9 12		21	4 48	1 5	9 22
	26	4 17	0 34	8 52		26	4 28	0 49	9 2
May	1	3 58	0 15	8 28	Nov.	1	4 4	0 21	8 38
	6	3 38	11M55	8 12		6	3 43	0A.0	8 17
	11	3 18	11 35	7 52		11	3 23	11 40	7 57
	16	3 58	11 15	7 32		16	3 1	11 18	7 35
	21	2 38	10 55	7 12		21	2 40	10 57	7 14
	26	2 18	10 35	6 52		26	2 18	10 35	6 52
June	1	1 54	10 11	6 28	Dec.	1	1 56	10 13	6 30
	6	1 32	9 49	6 6		6	1 34	9 51	6 8
	11	1 12	9 20	5 46		11	1 12	9 29	5 46
	16	12A.51	9 8	5 25		16	0M50	9 7	5 25
	21	12 30	8 47	5 4		21	0 28	8 45	5 2
	26	12 10	8 27	4 44		26	0 6	8 23	4 40

A Table

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A Table of some principal fixed Stars, with the Time they Rise, South, and Set, either before or after the Seven Stars, as also their Colour, Magnitude, and Meridian Altitude, by which they may be readily discovered.

Col- our	Alt. °	Magn. °	Names of the Stars.	Rise h. m.	South h. m.	Sets h. m.
♂	53	1	Aldebaran or Bull's Eyes	1 2 34	0 2 48	0 0 0
♂	49	1	Left Foot of Orion	4 31	1 31	1 34
♂	36	2	Middle * in Orion's Belt	4 13	1 51	0 35
♂	45	1	Right Shoulder of Orion	3 23	2 8	0 8
♂	1	1	Syrus, the great Dog	6 51	3 1	0 48
♂	43	2	Procyon, the little Dog	5 33	3 53	2 2 7
♂	30	1	Heart of Hydra	8 39	5 41	2 44
♂	1	1	Regulus, Lyon's Heart	7 26	6 21	5 16
♂	54	1	The Lyon's Tail, Deneb.	8 42	7 54	7 7
♂	28	1	Virgin's Spike	12 46	9 38	6 36
♂	58	1	Arcturus	10 47	10 30	10 12
♂	12	1	Antares, the Scorpion's H.	17 36	12 39	7 42
♂	16	2	Bright * of the Vulture	17 38	16 3	9 27
♂	1	1	Fomalhaut	1 14	19 11	10 37
♂	5	2	Head of Andromeda	19 43	10 19	2 59

The brightest of the Seven Stars is of the third Magnitude, and hath 61 Degrees of Meridian Altitude, and in Colour participates of the ♂ and ♀.

The fixed Stars all rise, south, and set about 4 Min. sooner every Night, than they did the Night before; this considered, the exact Time of their Rising, Southing and Setting, for any intermediate Night, not herein noted, may be very easily deduced from these Tables by Inspection only.

To know the Time of the Rising, Southing, and Setting of any Star in this Table, for any Day required, it is but considering how many Hours and Min. that Star rises, souths, or sets, either before or after the Seven Stars on that Day, and you will have your Desire.

Note, That in this Table a stands for after, and b for before.

The Anatomy of a Man's Body.



The Names and Characters of the Twelve Signs.

♈ Aries Head and Face	♎ Libra Reins and Loins
♉ Taurus Neck and Throat	♏ Scorpio Secret Members
♊ Gemini Arms and Shoulders	♐ Sagittarius the Thighs
♋ Cancer Breast and Stomach	♑ Capricornus the Knees
♌ Leo Heart and Back	♒ Aquarius the Legs
♍ Virgo Bowels and Belly	♓ Pisces the Feet.

The Characters, Names, and Nature of the 7 Planets.

♄ Saturn Cold and dry	♀ Venus Cold and moist
♃ Jupiter Hot and moist	☿ Mercury Variable
♂ Mars Hot and dry	☾ Luna Cold and moist.
☼ Sol Hot and dry	

A Tide Table, and its Use.

THE Seventh Column in every Month in the foregoing Calendar is the Time of High-water at *London Bridge*, which observed, you may find the Times of High-water at any of the following Places; thus,

Subtract from the Time of High-water at *London Bridge* for the Time of High-water

At Portsmouth, Southampton, Queenborough, Isle of Wight, and Kentish Knock,	3	3
At Rochester, Flushing, Aberdeen, and Redbank,	2	5
At Gravesend, Downs, Guernsey, Ramney, Bell-isle, Holy-isle and Thanet, Scilly,	1	1

Add to the Time of High-water at *London Bridge* for the Time of High-water

At Tinmouth, Whitby, Hartlepool, Sheffland, Flamborough-head, Britain S. Coasts, and Ireland W. Coasts,	0	0
At Scarborough, Mount's Bay, Bridlington Bay, Severn, Dunbar, Staples,	1	0
At Newcastle, Ramsey, Dartmouth, Humber, Lizard, Foy, and Ireland South Coasts,	2	0
At Lynn, Fouldyke, Cross Keys Washes, Hull, Plymouth, Bristol, and St. Davids,	3	0
At Boston, Bristol Key, Foulness, Weymouth, Land's End, and Start Point,	4	0
At Milford Haven, Bridgewater, Caskets without, Portland, Dublin, Lane Bay, and Exeter,	5	0
At Yarmouth, the Needles, Pool, Isle of Man, Orkney, North and South Foreland,	6	0
A Dover, Dunwich, Harwich, Seyn Head, Calais Road, Normandy Coasts,	7	0
At Rye, Solebay, Margate Road, Winchelsea, Rhodes, Goore,	8	0

EXAMPLE.

Suppose on any Day the Time of High-water at *London Bridge* is 4 b. 39 m. if you subtract two Hours therefrom, it leaves 2 b. 39 m. for the Time of High-water at *Rochester, Flushing, Aberdeen, &c.* But if to 4 b. 39 m. the Time of High-water at *London Bridge*, you add two Hours, you will have 6 b. 39 m. for the Time of High-water at *Newcastle, the Lizard, Humber, &c.* and so for any other Place named in this Table.

I have designedly avoided Minutes in this Table, that the Operation of Subtraction and Addition may be the more easily performed, and also because of the little Use there is in retaining them; for the Motion and Time of a Tide being subject to many Accidents, not any Table can secure you of the true Time to fifteen or twenty Minutes.

A plain and easy Table, shewing the true Interest due upon any Sum of Money, from Five Shillings to an Hundred Pounds for a Year, or under, after the Rate of Five Pounds in the Hundred.

	Shil.	1 Mon. h.			3 months			6 months			9 months			A Year.		
		sh.	p.	q.	sh.	p.	q.	sh.	p.	q.	sh.	p.	q.	sh.	p.	q.
Pounds.	5	0	0	1	0	0	3	0	1	2	0	2	1	0	3	0
	10	0	0	2	0	1	2	0	3	0	0	4	2	0	6	0
	15	0	0	3	0	2	1	0	4	2	0	6	3	0	9	0
		1	sh.	p.	1	sh.	p.	1	sh.	p.	1	sh.	p.	1	sh.	p.
	1	0	0	1	0	0	3	0	0	0	0	0	9	0	1	0
	2	0	0	2	0	0	6	0	1	0	0	1	6	0	2	0
	3	0	0	3	0	0	9	0	1	6	0	2	3	0	3	0
	4	0	0	4	0	1	0	0	2	0	0	3	0	0	4	0
	5	0	0	5	0	1	3	0	2	6	0	3	9	0	5	0
Tens of Pounds.	6	0	0	6	0	1	6	0	3	0	0	4	6	0	6	0
	7	0	0	7	0	1	9	0	3	6	0	5	3	0	7	0
	8	0	0	8	0	2	0	0	4	0	0	6	0	0	8	0
	9	0	0	9	0	2	3	0	4	6	0	6	9	0	9	0
	10	0	0	10	0	2	6	0	5	0	0	7	6	0	10	0
	20	0	1	8	0	5	0	0	10	0	0	15	0	1	0	0
	30	0	2	6	0	7	6	0	15	0	0	2	6	1	10	0
	40	0	3	4	0	10	0	1	0	0	1	10	0	2	0	0
	50	0	4	2	0	12	6	1	5	0	1	17	6	2	10	0
	60	0	5	0	0	15	0	1	10	0	2	5	0	3	0	0
	70	0	5	10	0	17	6	1	15	0	2	12	6	3	10	0
	80	0	6	8	1	0	0	2	0	0	3	0	0	4	0	0
	90	0	7	6	1	2	6	2	5	0	3	7	6	4	10	0
	100	0	8	4	1	5	0	2	10	0	3	15	0	5	0	0

Find the Principal in the First Column, and in the other you have the Interest due for 1, 3, 6, 9, or 12 Months.

Part the Second :

Containing a New and Curious *English* Herbal and
Physical Directory, necessary to be consulted by
all Sorts of Persons.

Astrology, saith the learned *Senertus* in his Practice
of Physic, is a Science highly becoming the Phy-
sician to be acquainted with. Nor is it to be contended
(saith he) that every Plant or Herb is under a peculiar
Planet, because we do find by Experience, that Heaven
acteth upon Things below, not only by Heat and Light,
but by a secret and occult Virtue; and therefore the A-
spects of the Stars ought to be observed in the gathering
of Plants and Herbs.

And this is not the Opinion of *Senertus* only, but of al-
most all the ancient learned Physicians and Philosophers;
as the great *Hermes Trismegistus*, *Hippocrates*, *Galen*, *Para-
celsus*, and other illuminated Fathers in the Art of Phy-
sic. This noble Science hath also had its Admirers a-
mongst the most famous and worthy Doctors of the
last Age, as the great *Cardanus* of *Italy*, *Morinus* of
France, our learned and pious Dr. *Napier*, and many
others.

It is a great Misfortune to Mankind, that the learned
Gentlemen of that Faculty in this Age, do so much neg-
lect this most beautiful and necessary Part of their Art,
which by a most harmonious Concatenation of Intelli-
gences does more divinely illuminate the intellectual Part
of Mankind, and furnishes his mind with such deep and
profound Mysteries, as would have never otherwise been
infused into him.

However difficult and defective Astrology may be
found, when applied to Nativities, Mundane Affairs, or
Meteorological Vicissitudes, occasioned by the Want of
a Treasure of proper Observations and Experience to
regulate our Judgments by, yet when applied to Physic
or Agriculture, the Modus of the Stars Influence becomes
more certain, and their Effects more easily discoverable.

Herbs

Herbs and Plants under *Saturn* ♄, and the proper Seasons to gather them in, their Virtues being then at the highest.

April and May.

Buckthorn,
Plantane,
Comfry,
Cross-wort,
Elm Tree,
Flexweed
Fumitory,
Water-fern,
Peach Tree,
Snake-weed.

Byfoyle,
Blue-bottle,
Wild Campions,
Dodders,
Gout-wort,
Hemlock,
Henbane,
Nightshade,
Rupture-wort,
Spleen-wort,
Wound-wort.

Days when to
gather the
Herbs of *Sa-
turn*.

Ap. 2, 12, 22, 30.

May, 9, 19, 27.

June 5, 15, 23.

July 2, 12, 30.

May and June.

Arsmart,
Clown's Wound-
wort,
Heart's-ease,
Sciatica Creeses,
Knap-weed,
Knot-grass,
Red Beets,
Solomon's-seal,
Servis Tree,
Shepherd's-purse,
Horse-tail,
Tamarish Tree,
Thoroughleaf,
Stinking Gladwine.

August and Septemb.

Devil's-bit,
Bistote,
Pellitory of the
Oak.

August 9, 17,
26.

September, 5,
14, 23.

October and Novemb

Black Thorn,
Hemp,
Hawk-weed,
Loose-strife,
Medler,
Poplar Tree,
Quince Tree,
Moss.

October 2, 11,
20, 30.

November 8,
17, 27.

December 5,
14, 24.

December.

Black Hellebore,
Joy.

June and July.

Amaranthus,

Herbs

CULPEPPER.

11

Herbs and Plants under Jupiter ♃.

<i>April and May.</i>	<i>June and July.</i>	<i>Days.</i>
Bill-berries,	Agremony,	April 3, 12, 22,
Chervil,	Asparagus,	30.
Chestnut,	Clove-gilli-flowers,	May 10, 19, 28.
Scurvy-Grass.	Fig Tree,	June 6, 16, 24.
	House-leek,	July 3, 13, 22,
	Long-wort,	31.
	Sage,	
	Samphire,	
	Sucory.	
<i>May and June.</i>	<i>August and September.</i>	Aug. 10, 18, 27.
Alexander,	Hazle Tree.	September 10,
Avens,		14, 23.
Balm,		October 3, 11,
Copmary,	<i>October and November.</i>	20, 30.
Cinquefoil,	Liver-wort,	Novemb. 8, 16,
Dog's-grass,	Horse-tongue.	26.
Endive,		
Roses,		
White Beets,		
Wood betony.		

Herbs and Plants under Mars ♂.

<i>June and July.</i>	<i>August.</i>	<i>Days.</i>
Thistle,	Groundbassil,	May 31.
Cotton Thistle,	Butcher-broom,	June 9, 19, 27.
All-heal,	Broom,	July 6, 16, 24.
Barberries,	Haw-thorn,	August 2, 12,
Carduus Benedictus,	Nettles,	21, 30.
Dove's Foot,	Rhubarb.	
Dragones,		
Furz-bush,	<i>September.</i>	
Garlick,	Fleet-wort,	September 9,
Master-wort,	Mustard,	18, 28,
Pepper-wort,	Taper-wort,	
Ground-pine,	Wormwood.	
Rest-harrow,		
Round Docks.	<i>October and November.</i>	October 8, 17,
	Madder,	27.
	Onyons.	November 6,
		14, 25.

Herb

Herbs and Plants under *Venus*, ♀.

<i>April and May.</i>		Days.
Alchoofe,	Blackberry bush,	April 4, 15, 25,
Archangel,	Burdox,	30.
Beans,	Camomile,	May 4, 15, 46.
Black Elder,	French Beans,	June 3, 15, 24.
Colt's-foot,	Fig-worth,	July 3, 15, 24.
Cowslips,	Gromil,	
Collibine,	Gooseberry-bush,	
Elder Tree,	Holehound,	
Cherry Tree,	Mother-wort,	
Daisies,	Mother-of-thyme,	
Lady's-mantle,	Mug-wort,	
Salt heal,	Rag-wort,	
Wood-forrel,	Woodfalle,	
Pennyroyal.	Vervine,	
	Sow-thistle,	
	Sothernwood.	

<i>May and June.</i>	<i>August and September.</i>	
Fetherfew,	Fox-glove,	August 3, 15,
Damask Roses,	Daniel,	23.
Groundfel,	Eringo,	September 3,
Artichoaks,	Peach Tree,	13, 22.
Honeyfuckles,	Wheat,	
Mint,	Yarrow.	
Money-wort,		
Plantane,		
Strawberries.		
	<i>October and November.</i>	
	Parsnips.	October 3, 12,
		22.
		November 2,
		11, 22.

<i>June and July.</i>		
Askanot,		
Beech Tree,		

Herbs and Plants under *Mercury*, ♂.

<i>May and June.</i>	<i>July.</i>	Days.
Amara Dulces,	Scabions,	May 4, 16, 26.
Dill,	Smallage,	June 5, 16, 25.
Fenn,	Savory.	July 4, 14, 22.
Fennel,		30.
Parsley,		
Pellitory, of <i>Spain</i> ,	<i>October and November.</i>	October 2, 10,
Germender,	Liquorish,	21, 30.
Lillies of the Valley.	Maiden's-hair,	Nov. 7, 11, 16.
	Sweet Marjoram.	27. Herbs

April,

Butter
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Angeli
Burnet
Cellen
Eyeb
Pimp
Rose-
Roser
Rue,
Waln

April

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CULPEPPER.

13

Herbs under *Sol*, or the Sun ☉.

<i>April, May, and June</i>	<i>June and July.</i>	Days.
Butter-bur, One blade, Angelica, Burnet, Cellendine, Eyebright, Pimpernel, Rose-a-solis, Rosemary, Rue, Walnut Tree.	St. John's-wort, Marigolds, Misselto, Small Centry, Tormentile.	April 16, 26. May 15, 25. June 14, 24; July 12, 22.
	<i>August and September.</i>	
	Ash Tree, Bay Tree, Piony, Saffron.	August 12, 21. September 6, 10, 19. October 10, 20.
	<i>October and November.</i>	
	Junifer-bush.	November 8, 18.

Herbs under *Luna*, or the Moon, ☾.

<i>April, May, and June.</i>	<i>Poppy,</i>	Days.
Adder's tongue, Clary, Cultropes, Chick-weed, Coral-wort, Water-creffes, Duck-meat, Fleur-de-lis, Ladysmock, Lettice, Moon-wort, Moufe-ear, Orpine,	Rattle-grafs; White Roses.	April 2, 12, 21. May 1, 9, 18, 28.
	<i>July.</i>	
	Clivers, Cucumbers, Water Flags, Water Lilly, Flewelling, Purslain, Saxafrage, Willow Tree, Loose-strife.	June 5, 14, 24. July 2, 12, 22, 30.

A Table

CULPEPPER.

TABLE I.

A Table of the Six Planetary Hours from Sun
rising to Noon.

		Days.								
		1.	2.	3.	4.	5.	6.			
		h. m.	h. m.	h. m.	h. m.	h. m.	h. m.			
Mar.	{	17 15 8 13	9 10 10 6 11 3 12 0 21	}	Sept.					
		6 7 6 8 5 9 4 10 2 11 1 12 0 15								
		11 6 5 7 7 5 8 3 5 8 9 5 9 10 0 12 0 10								
		16 6 4 8 7 5 0 8 5 3 9 5 5 10 5 8 12 0 5								
		21 39 7 4 3 8 4 8 9 5 2 10 5 6 12 0 31								
Apr.	{	26 6 30 7 36	8 42 9 48 10 54 12 0 26	}	Aug.					
		1 6 21 7 29	8 37 9 45 10 52 12 0 20							
		6 6 13 7 2	8 32 9 41 10 51 12 0 15							
		11 6 5 7 15	8 26 9 38 10 50 12 0 10							
		16 5 5 7 9	8 22 9 35 10 48 12 0 5							
May	{	21 5 49 7 3	8 17 9 31 10 46 12 0 31	}	July					
		26 5 41 6 57	8 13 9 28 10 44 12 0 25							
		1 5 34 6 51	8 9 9 26 10 43 12 0 20							
		6 5 27 6 45	8 4 9 23 10 41 12 0 15							
		11 5 21 6 41	8 1 9 21 10 40 12 0 10							
June	{	16 5 16 6 37	7 58 9 18 10 39 12 0 5	}	June					
		21 5 11 6 33	7 55 9 16 10 38 12 0 30							
		26 5 7 6 30	7 53 9 15 10 37 12 0 25							
		1 5 4 6 28	7 51 9 14 0 37 12 0 20							
		6 5 2 6 26	7 49 9 13 0 36 12 0 15							
		10 5 1 6 25	7 48 9 12 10 36 12 0 10							
Sept.	{	21 7 16 8 13	9 10 10 6 11 3 12 0 28	}	Feb.					
		26 7 24 8 19	9 15 10 10 11 5 12 0 23							
		1 7 32 8 26	9 20 10 14 11 7 12 0 18							
		6 7 40 8 33	9 25 10 17 11 8 12 0 13							
		11 7 48 8 40	9 30 10 20 11 10 12 0 8							
Oct.	{	16 7 57 8 48	9 35 10 23 11 11 12 0 3	}	Jan.					
		21 8 6 8 54	9 40 10 27 11 13 12 0 29							
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Dec.	{	6 9 0 9 35	10 12 10 47 11 24 12 0 15	}						
		10 9 2 9 37	10 13 10 48 11 25 12 0 10							
Days.		1.	2.	3.	4.	5.	6.	Days.		
Planetary Hours before Noon.										

A Table

March

April

May

June

September

October

November

December

A Table shewing what Planet governs any Hour from Sun rising to Noon.

Days.	1 Hour.	2 Hour.	3 Hour.	4 Hour.	5 Hour.	6 Hour.
<i>Sunday</i>	Sun	Venus	Mercury	Moon	Saturn	Jupiter
<i>Monday</i>	Moon	Saturn	Jupiter	Mars	Sun	Venus
<i>Tuesday</i>	Mars	Sun	Venus	Mercury	Moon	Saturn
<i>Wednesday</i>	Mercury	Moon	Saturn	Jupiter	Mars	Sun
<i>Thursday</i>	Jupiter	Mars	Sun	Venus	Mercury	Moon
<i>Friday</i>	Venus	Mercury	Moon	Saturn	Jupiter	Mars
<i>Saturday</i>	Saturn	Jupiter	Mars	Sun	Venus	Mercury

A Table shewing what Planet rules any Hour from Noon to Sun setting.

Days.	7 Hour.	8 Hour.	9 Hour.	10 Hour.	11 Hour.	12 Hours
<i>Sunday</i>	Mars	Sun	Venus	Mercury	Moon	Saturn
<i>Monday</i>	Mercury	Moon	Saturn	Jupiter	Mars	Sun
<i>Tuesday</i>	Jupiter	Mars	Sun	Venus	Mercury	Moon
<i>Wednesday</i>	Venus	Mercury	Moon	Saturn	Jupiter	Mars
<i>Thursday</i>	Saturn	Jupiter	Mars	Sun	Venus	Mercury
<i>Friday</i>	Sun	Venus	Mercury	Moon	Saturn	Jupiter
<i>Saturday</i>	Moon	Saturn	Jupiter	Mars	Sun	Venus

To understand these preceding Tables aright, you must take Notice, that the ancient *Jewish*, *Chaldean*, and *Egyptian* Astronomers used to divide every Day from Sun rising to Sun setting, into twelve equal Parts or Portions of Time, called Planetary Hours, and sometimes *Jewish* Hours, so that a Planetary Hour may be more or less than sixty Minutes, according as the Day you have under Enquiry may be more or less than twelve vulgar Hours. Every Day in the Week has assigned to it some one or other of the seven Planets, as the Sun to *Sunday*, the Moon to *Monday*, Mars to *Tuesday*, Mercury to *Wednesday*, Jupiter to *Thursday*, Venus to *Friday*, and Saturn to *Saturday*; and the proper Planet belonging to any Day does more particularly govern the first and eighth Hours of that Day, as the Tables above shew; and the rest of the Planets govern the other Hours in the order as is there expressed; which observed, it will be very easy to discover the beginning and ending of any Planetary Hour, on any particular Day in the Year.

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The Use of the preceeding TABLES of Planetary Hours.

I. **A**NY Day being given to find what Part of that Day is govern'd by any particular Planet.

Look your given Week-Day in Table II. both for the Morning and Afternoon Hours, and in the same Line with your Week-Day, look for the Planet proposed, over which you will find the Number of the Hour, Morning, or Afternoon, which that Planet governs. Then turn to Table I: and seek your given Month-Day, or the nearest thereto, and in the same Line under the Number of your planetary Hour, you have certain Hours and Minutes, which is the Time when that Hour ends, but the Beginning of that planetary Hour, is, when the preceeding Hour ended, therefore, you have both the Times of Beginning and Ending of the planetary Hour, or Hour required.

E X A M P L E S.

Suppose on *Wednesday* the 27th Day of *March*, I desire to know the planetary Hours of *Jupiter*, Morning and Afternoon?

Look for *Wednesday* in Table II. and you will see that *Jupiter* rules the 4th and 11th Hours thereof. Then turn to Table I. and against *March* the 26th, under the 4th Hour, you will find 9 Hours, 48 Min. which is the Time that the Morning Hour of *Jupiter* ends, but it begins where the 3d planetary Hour ends, viz. at 42 Min. after 8, so that *Jupiter* rules on that Day in the Forenoon, from 42 Min. after 8, till 48 Min. after 9, and again in the Afternoon, from 24 Min. after 4, till 30 Min. after 5.

Again, suppose on *Friday*, *December* the 13th, I would know the Time that *Venus* governs?

Against *Friday*, in Table II. I find that *Venus* rules the 1st and 8th Hours of that Day, and in Table I. against *December* the 10th Day, (the nearest Day to *Dec. 12.*) I find the first Hour (which always begins at Sun-rising) ends at 2 Min. after 9, and that the 8th Hour begins 36 Min. after Noon, and ends 12 Min. after 1, which Times

include the planetary Hours of *Venus* for that Day, and so for the Time of any other planetary Hour, for any Day in the Year.

II. Any Time being given to find what Planet then governs.

Suppose on *Saturday, January* the 19th, I would know what Planet rules at 9 in the Morning?

I look in Table I. for *January* 18, (the nearest Day to the Day given) amongst the Hours before Noon, and I find the 2d planetary Hour ends at 7 Mm. after 9. I then turn to Table II. and against *Saturday*, I find that *Jupiter* rules the 2d Hour from Sun-rising, therefore *Jupiter* rules at 9 in the Morning on that Day.

Thus you have a more easy and familiar Way for finding the planetary Hours than has hitherto been taught, even in the largest Books upon this Subject, so that now any Person who knows nothing of the Motions, Signs, or Characters of the Planets, may find either what Hour is govern'd by any particular Planet, or what Planet rules at any particular Time given, and that as certainly as the more learned Doctors. I have not extended these Tables to the Regency of the Night, because the Somplift (for whose Service I have undertaken this Work) will have no Occasion to make use of those Hours, for that no Sort of Herbs, Roots or Plants, are to be gathered before Sunrise, or after Sun-set.

The most natural and approved Methods of gathering, drying, and preserving of Herbs, Seeds and Flowers; so as to retain their true balsamick and healing Virtues.

IN antient Times when Men were more fond of learning Science, or the Knowledge of Things, than canting Words, (now called Terms of Art) the Physician and honest Man, might be both found to center in the same Person; then it was that the true Physical Power and Virtue of Herbs, Roots, Seeds, Flowers, &c. were justly valued. and used in the Cure of Distempers; every intelligent

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ligent Person were then his own Doctor. The antient Physicians had not their Libraries of Thousands of Books, and musty Receipts, to confound and vitiate their Judgments, but contented themselves with studying the great Book of Knowledge, or the plain and simple Works of Nature offered to every Man's View and Contemplation; and although it be very true that great is the Excellencies of Herbs, Plants and Vegetables, both for Food and Physick, yet if not properly gathered and preserved, you will often be deceived in your Expectation of their Virtues; observe therefore the following Directions.

I. Let your Herbs, &c. be gathered in their proper Seasons, viz. when they are in their full Vigour and Strength, in the Knowledge of which the preceeding Catalogue of Herbs and Plants will be of excellent Use to you, for there you have not barely the Season, or Time of the Year, when the most common and useful *English* Plants and Herbs are in their Prime, but also the Planet of whose Nature every Herb do most participate, and the Days in every Month, when such governing Planet or Constellation is well dignified, and in friendly Configuration; then if you would still add to the Dignities of that Planet, you may find by help of the two Tables following the said Catalogue, the Times or Parts of that Day both Morning and Afternoon, when that Planet rules, by duly observing of which, you have all that is required in gathering of Herbs, only you may take Notice that the Leaves of such Herbs as run up to Seed, are not so good when the Herb is in Flower as before; but rather then make Use of the Tops and Flowers of such Plants than their Leaves, and that a dry Day is to be preferred for gathering of Herbs in, before a wet one.

II. The Herbs being gathered, and their dead Leaves and decay'd Parts pick'd out, expose them to dry in the Sun, and in an open Place that the sweet Air may freely pass through them, let them be frequently turn'd, and managed in the very same Way, as is practiced in the curing and drying of Hay, only if the Nights should prove wet, you may then house them, and in the Morning expose them to the Sun and Air again as soon as may be.

Be not afraid that the Sun and Wind should extract the Virtue and spirituous Parts of your Herbs; no, it will only exhale, and cause to evaporate that dull phlegmy and earthy Quality inherent to all Herbs, before they are dry'd, but preserves, strengthens, and purifies their balsamick and healing Virtues, and therefore all Herbs so dry'd, are to be preferred in Use before green Herbs. Three or four Days will generally be long enough for drying of Herbs, provided you have a brisk Wind and clear Sun, but the more certain Criterion to judge by, will be their Smell, for when you find they have lost their fulsome, earthy, and gross Scent, and smell brisk, fragrant and odorous, then are they dry'd enough; and if they should be longer exposed to the Wind and Sun, their more pure, volatile and spirituous Parts would be in danger, and the Herb render'd insipid, and of little or no Use for want of its essential Virtues.

III. Having gathered and dried your Herbs as before directed, the best Way of keeping them, so as to preserve them in their essential Virtues, will be in strong Paper Bags, well filled and close tied up, then lay or hang them up in some Room that is airy, but dry; but in Winter Time it will be best to dispose them in a Room, where Fire is usually kept, yet not too near the Fire, for such Heat will destroy their Virtues, as much as Moisture; Herbs thus packed up will be best for Use, after two or three Months, for in that Time they will have passed thro' another Digestion by Fermentation, and be thereby freed from a fainty Quality, which the Sun and Wind could not extricate them of, without Prejudice to their pure and spirituous Parts; but being so prepared, they will more freely infuse, and communicate their generous Virtues, when committed to any proper Liquor, than any green, or half-prepared Herb, will, or can do.

IV. The Time longer than one Year that Herbs and Flowers will keep good, is uncertain, and depends in some Measure upon the Nature and Quality of the Herb, as Herbs naturally dry will keep longer than those that are more juicy; and such as grow upon dry Ground, will keep longer than those that grow upon moist. But all Herbs,

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Herbs, Flowers and Seeds, so long as they continue a delightful Smell and Colour, continue also their essential and physical Virtues, and no longer.

V. No Englishman ought to be ignorant of the excellent Virtues and Use of Herbs, there being no Way so easy to Nature, as the Application of Vegetables, in the Cure of Diseases, or their Prevention: It cannot be expected that I should in this Place give a particular Account of the Nature and Properties of the several Herbs mentioned in the Catalogue, but this I will do, I will lay down the most natural and proper Ways of making Cordials, and Physical Decoctions with Herbs, Seeds or Flowers, so as they may be fully impregnated with their Virtues, and keep good for Weeks, Months, or Years.

Of making CORDIALS of Herbs, Seeds, or Flowers.

TAKE your Herbs, Flowers, or Seeds (but if Seed bruise them) what Quantity you find convenient, infuse (that is steep) them in Ale, Beer, Wine, or any other proper Liquor, for about an Hour and not longer, keeping your Vessel close stopt during the Time of Infusion; then strain out your Liquor, and when it is settled, sweeten it with white Sugar, to what Degree you think fit, and bottle it up for Use, so have you a Cordial far more friendly to Nature and more impregnated with the real Virtue of the Herbs, than can be procured by Distillation, and much preferable to any kind of Syrup, for all Syrups are clogging, and windy in the Stomach, fermentative in the Bowels, and the greatest Corrupter of the Blood, even in Health if much used, so that they are not allowable in the Practice of Physick. And for your distilled Waters, the greatest Number of them are, as cordial as Water stagnated in a Ditch, they are vapid and palling to the Taste, crude and oppressive to the Stomach, and move not themselves from the Blood neither by Sweat or Urine; some distill'd Waters, such as Balm, Hyssop, Pennyroyal, Meadow Sweet, &c. may please the Stomach in a Julep, but the Blood and Spirits will be better pleased and strengthened with the Infusion of those Herbs, tho' it be in Fountain Water.

For

For Decoctions, take Spring or River Water, and just make it boil and no more, then take it off the Fire, and put into it what Herbs, Seeds, or Flowers you propose, letting them remain in about an Hour close stopt, then strain off your Liquor, and let it stand till it is quite cold, then add to it either Beer, Ale or Wine, of what sort you best approve of, and that in such Quantity as to make it strong or weak as you please, then sweeten it with fine white Sugar, and bottle it up for Use; but if you would sweeten it with Figs or Raisins, you must bruise your Fruit, and put them into the Liquor, at the same time as you put in your Herbs. These Decoctions will keep six or eight Weeks, or more, according to the strength thereof, and will be endued with all the good Virtues of your Ingredients, and will please both the Palate and Stomach. It will be as pleasant and spirituous as the most agreeable Liquor you can drink; and infinitely preferable to Decoctions made after the common Way.

Of the four Quarters of the YEAR.

THE Spring Quarter begins on the 9th Day of *March*, at 15 Min. after 11 in the Morn. The natural Constitution of this Season is hot and moist; if it be very wet it will cause Agues, Phrenzies, Imposthumes, and other like Diseases the *Summer* following; if it be very warm, and produce much South Wind, it indicates many dangerous and infectious Distempers; if windy and dry, it will add to the Affliction of ancient People, and such as are afflicted with Chronick Diseases. It is now a very convenient Time to remove Sickness and Grievs, that have been of any time standing; and also to avoid and prevent those to come, therefore take a few general Directions for the Conduct of your Health in this Quarter: In *March* avoid all gross Food, for gross feeding will breed gross Blood, and gross Blood breeds gross Humours, therefore use Meats of good Digestion, and such as will purge and sweeten the Blood; Water-creeses and Brook-Lime are excellent Cleansers of the Blood, and if eaten as a Sallad, or in Pottage, will much contribute to the removing such

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such gross Humours as the preceding *Winter* hath caused to stagnate in the Body. The Herb Penny-Royal being eat this Month, will warm and comfort the Stomach, and help Digestion; so will sweet Spices, and good, wholesome, strong Wine or Drinks, moderately taken. In *April*, the Pores of Man's Body are opened, and apt to receive Physick. This is the best Time in all the Year to remove the Cause of Sicknes, and for a speedy Remedy in Extremities. Avoid all Sorts of Roots this Month, but Sallads are to be commended; Meat if moderately eaten this Month is good, but avoid Pig, beware of excessive Drinking, for that corrupts the Blood more in this Month, than in any other. Betony, Mint and Rue, should be frequently eaten, and Tanfy fry'd with Eggs will digest and carry off such Humours as offend the Stomach; eat no Salt Fish, or Salt Meats this Month, for they will foul the Blood and breed the Itch, Scabs, and scorphulous Tumours. In *May* it is good to rise early, and to wash often in running Water; abstain from all Meats of a hot Nature, and from strong Drinks; Fennel Roots are good, to be eaten this Month, and Whey with cooling Herbs is good Drink, for hot Stomachs; eat not the Feet of Beasts this Month; Wormwood, Ale or Wine, moderately drank, is good; it is also a good Time to let Blood, and take Physick in.

The *Summer* Quarter begins on the 10th Day of *June* at 10 Min. after 10 in the Morn^g the Nature of this Quarter is hot and dry; if it proves dry, and the North Winds blow, and if the following *Autumn* be Rains, and have frequent South Winds, then in the *Winter* following you may expect Coughs, Hoarseness, Consumptions, and great Pains in the Head and Stomach. The Diseases usually attendant upon this Quarter, and so to be guarded against, are burning Fevers, Phrenzies, Pleurisies, Inflammations, Heat in the Urine, Stranguary, and the like; use cold Herbs and Meats, and but little Wine, for it will now dry the Stomach and Liver, and increase Choler; Sage or Rue, eaten at Breakfast is good. It is now better to frequent the Rivers than the Bagnios; abstain from Bleeding and Physick, except Necessity require it; take heed of Heats and then of Colds.

Colds, for that causeth Pleurifies; and sleep not much especially in the Afternoon. This Quarter is remarkable for bringing Fruits to their Ripeness, Cattle to their Fatness, Men to their Riches.

The *Autumnal* Quarter begins on the 12th Day of *September*, near 12 at Noon, the Temperament of this Season is unconstant, wherefore it is that *Hippocrates* calleth it the Mother of deadly Sickness; the Distempers generally attending this Quarter, are Quartain Fevers, Vertigos, Fluxes, Falling-Sickness, Lethargies, Hemorrhoids, Suppression of Urine, Gouts, Consumptions, and innacious Madness; you may now take Physick if Occasion be, but beware of taking Cold; you may now use good strong Meats and Drinks, and take care to keep yourself warm in Cloathing, and dry of your Feet, Betony and Cinnamon used in Drink is good.

The *Winter* Quarter begins this Year on the 10th Day of *December*, at 3 in the Afternoon, the natural Quality of this Quarter is cold and moist, if it be dry and the Wind much to the South, without Frost, it causeth Pains in the Breast, Costiveness in the Belly, stopping of Urine, with Sharpness, Exulcerations and Inflammations.

If it be long Frost, with little or no Snow, it is a Fore-runner of a Plague the Summer following; Fish, Milk, Rice, and such like glutinous Food, that do oppilate, and thicken the Blood, are now to be avoided; forbear also Physick and Bleeding, except Necessity require it; beware of Heats and Colds, for Agues and other hurtful Grievs will follow. Let the Kitchen be thy Apothecary's Shop, warm Cloaths thy Nurse, and Hospitality thy Exercise.

F I N I S.

